

Zkušební řád – Děti

12. kyu		
TEORIE		
	1	Etiketa v dojo
ASHI SABAKI		
	2	Mae Ashi Irimi hidari, migi
	3	Irimi (Ushiro Ashi Irimi) hidari, migi
	4	Kaiten
TAI SABAKI		
	5	Irimi Tenkan
TE SABAKI		
	6	Ikkyo Undo hidari, migi
UKEMI		
	7	Mae Ukemi
	8	Ushiro Ukemi
SUWARI WAZA		
	9	Seiza
TACHI WAZA		
Katatetori Aihanmi	10	Ikkyo Omote
	11	Ikkyo Ura

11. kyu		
TEORIE		
	1	Ó-Sensei
ASHI SABAKI		
	2	Mae Ashi Irimi hidari, migi
	3	Irimi (Ushiro Ashi Irimi) hidari, migi
	4	Kaiten
TAI SABAKI		
	5	Irimi Tenkan
TE SABAKI		
	6	Kiawase Shomenuchi
UKEMI		
	7	Mae Ukemi
	8	Ushiro Ukemi
	9	Yoko Ukemi
SUWARI WAZA		
	10	Shiko mae
TACHI WAZA		
Kiawase Shomenuchi	11	Kotegaeshi

10. kyu		
TEORIE		
	1	Keiko-gi
ASHI SABAKI		
	2	Tenkan (Ushiro Ashi Tenkan)
	3	Mae Ashi Tenkan
TE SABAKI		
	4	Kiawase Shomenuchi
UKEMI		
	5	Mae Ukemi
	6	Ushiro Ukemi
	7	Yoko Ukemi
SUWARI WAZA		
	8	Shiko mae, ushiro, irimi tenkan
TACHI WAZA		
Kiawase Shomenuchi	9	Iriminage

9. kyu		
TEORIE		
	1	Zbraně
ASHI SABAKI		
	2	Tenkan (Ushiro Ashi Tenkan)
	3	Mae Ashi Tenkan
TE SABAKI		
	4	Shiho Kiri omote, ura
UKEMI		
	5	Mae Ukemi s odplácnutím
	6	Ushiro Ukemi s odplácnutím
SUWARI WAZA		
	7	Seiza – Kokyu Ho
TACHI WAZA		
Katatetori Gyakuhanmi	8	Shihonage omote
	9	Shihonage ura

8. kyu		
TEORIE		
	1	Dojo
ASHI SABAKI		
	2	Mae Ashi Tenshin
	3	Ushiro Ashi Tenshin
TAI SABAKI		
	4	Irimi Tenkan Tenshin mae ashi tenshin, ushiro ashi tenshin
	5	Tenkan Tenshin ushiro ashi tenshin
SUWARI WAZA		
Kiawase Shomenuchi	6	Ikkyo Omote
TACHI WAZA		
Ryotetori	7	Tenchinage mae ashi irimi, ushiro ashi irimi, irimi tenkan tenshin

7. kyu		
TEORIE		
	1	Linie Aikido
ASHI SABAKI		
	2	Mae Ashi Tenshin
	3	Ushiro Ashi Tenshin
TAI SABAKI		
	4	Irimi Tenkan Tenshin mae ashi tenshin, ushiro ashi tenshin
	5	Tenkan Tenshin ushiro ashi tenshin
SUWARI WAZA		
Kiawase Shomenuchi	6	Ikkyo Ura
TACHI WAZA		
Ryotetori	7	Genkei Kokyunage ushiro ashi irimi, ushiro ashi tenshin, irimi tenkan tenshin